








STARTERS / ENTRADAS

COLD / FRIO

- **Everest Mixed Salad (Ensalada Mixta Everest)** Mixed baby leaves, fruits, dijon-mustard dressing, toasted sesame and pine nuts
Ensalada mixta , frutas , salsa de mostaza dijon, sésamo y piñones 6.95    
- **Chicken / King Prawns Salad (Ensalada de Pollo o Gambas)** Grilled marinated Chicken Breast or Prawns with mixed salad and dressing
Pechuga de Pollo marinada o Gambas con ensalada mixta y salsa 8.95   

DEEP FRIED

- **Spring Rolls (Rollitos)**    
Deep fried spring rolls stuffed with mixed vegetables
Rollitos fritos relleno con verduras mixta
Vegetable/Vegetal 5.95 Chicken/Pollo) 7.75 Confit duck/Pato 8.75
- **Fish Cake (Pastel de Pescado)** 9.95   
Deep fried panko crusted mixed fish marinated on aromatic spices
Pescado mixto marinado con especias aromaticas fritas con panko
- **Crispy Chicken (Pollo Crujiente)** 7.50 
Crispy lightly battered pieces of Chicken Breast
Crujiente ligeramente Pechuga de Pollo rebozado
- **Assorted Platter (Entrada Mixta)** 15.95
Chicken wings, fish cake, vegetable rolls, chicken skewers
Alitas de Pollo, Pastel de Pescado, Rollito Vegetal, Pincho de Pollo

HOT

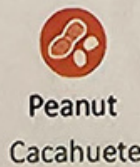
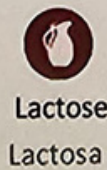
- **King Prawn Twist (Twist de Langostino)** 9.00
Sautéed with garlic, cherry tomato, bell peppers & king prawns
Salteado con ajo, tomate cherry, pimientos & Langostinos
- **Chicken Skewers (Pincho de Pollo)** 7.50  
Grilled marinated chicken breast and served with satay sauce
Pechuga de pollo marinada al grill con salsa satay
- **Tom Kha Soup (Sopa Tom Kha)** 
Cooked with coconut milk, medium spicy and coriander
Sopa cocinada con leche de coco, medio picante y cilantro
Vegs / Vegetal 5.95 Chicken / Pollo 6.95 Prawns / Gambas 7.95
- **Miso Soup (Sopa de Miso)** 6.95 
Miso soup with tofu and wakame
Sopa miso con Tofu, alga wakame y cebolleta fresca
- **Edamame** 5.50  
Steamed soybeans and sautéed with chilli bean sauce
Judías de soja al vapor salteados con salsa de judías y chile

EVEREST SPECIAL

- Everest Wings (Alas de Everest)-** 7.95
Deep fried marinated wings  
Alitas de Pollo marinadas fritas
- Fried Aloo Dam (Patatas Rebozadas)** 6.00 
Fried potatoes with chickpeas flour
Patatas rebozadas con harina de garbanzos
- Tempura**  
Deep fried in seasoned wheat flour
Sazonado/rebozado en harina de trigo
Veg/Vegetal 9.95
KingPrawns/Langostino 12.95

HOT SPECIAL

- Prawns Pil Pil (Gambas al Pil Pil)** 9.95
Garlic Prawns Everest style   
Gambas al Pil Pil estilo Everest
- Momo** 9.50  
Spiced minced Beef steamed dumplings
Empanadillas al vapor con Carne Picada especiada
- Thukpa (Sopa de Fideos)**  
Everest noodles soup with fried Egg
Sopa de Everest con huevo frito, tallarines y cebolleta
Veg / Vegetal 6.95 Chicken / Pollo 7.95
Prawns / Gambas 8.95



Wheat
Gluten

Egg
Huevo

Soya
Soja

Lactose
Lactosa

Peanut
Cacahuete

Sesame
Sésamo

Fish
Pescado

Mustard
Mostaza

MAIN COURSE / PLATO PRINCIPAL

CURRY

- **Green Curry (Curry Verde)** 

Thai style curry based on coconut milk & fresh green chillies
Curry estilo Thai en base de leche de coco y chilli verde fresca

Vegetable/Vegetal	10.50	Chicken/Pollo	12.95
King Prawns/Langostinos	15.95	Beef/Ternera	15.95
- **Creamy Mild Curry (Curry Cremoso Suave)** 

Mixed veg, garlic and ginger paste, cooked on rich sauce with a touch of basil
Verduras mixtas, ajo, jengibre con Salsa cremosa con un toque de albahaca

Vegetable/Vegetal	10.50	Chicken/Pollo	12.95
King Prawns/Langostinos	15.95	Beef/Ternera	15.95
- **Garlic-Chilli Lover (Amante de Guindilla-Ajo)** 12.95

Stir fried bone-less chicken/ mix vegs & 7 spices
Salteado de pollo deshuesado, veg. mixta & 7 especias
- **Mustang Thali (Curry de Mustang)**  

Traditional northern Nepal dish combined with tomato, ,roasted onions, garlic and yogurt
Plato tradicional del norte de Nepal, combinado con tomate, cebolla tostada, ajo y yogur

Vegetable / Vegetal	9.95	Chicken / Pollo	11.95
King Prawns / Langostinos	14.50	Beef / Ternera	14.50

HOUSE SPECIAL/ESPECIALIDADES

Mountain Lamb Curry (Curry de Cordero a la Montaña) 14.50

Tender Lamb cooked in aromatic spices
Tiernos trozos de cordero con especial aromaticos

Gurkha Curry

Traditional Nepali creamy curry with hint of cardamom & coriander
Curry cremoso tradicional nepali con toque de cardamom y cilantro

Vegetable/Vegetal	9.85	Chicken/Pollo	12.95
King Prawns/Langostinos	14.50	Beef/Ternera	14.50

Pork Curry (Curry de Cerdo) 12.95

Tender Pork cooked in aromatic spices
Tiernos trozos de cerdo con especias aromaticas

Ra Ra Chickpeas (Curry de Garbanzos) 9.95

Chickepeas cooked with onion spinach sauce
Grabanzos cocido con cebolla salsa de cremoso

VEGETABLE LOVER

- **Saag Potato (Patatas y Espinacas)**  9.00

Baby potatoes with spinach / tomato/garlic & traditional sauce
Patatas y Espinacas con / tomate / ajo y salsa tradicional
- **Saag Paneer (Espinacas Queso Nepalés)** 10.50 

Stir fried home made cheese with spinac / tomato /garlic & traditional sauce
Salteado de queso tostado con espinacas / tomate / ajo y salsa tradicional
- **Creamy Mushroom Curry (Curry de Champiñones)**  9.95

Mushroom with rich curry sauce
Champinones en salsa de curry cremosa



Wheat
Gluten



Egg
Huevo



Soya
Soja



Lactose
Lactosa



Peanut
Cacahuete



Sesame
Sésamo



Fish
Pescado



Mustard
Mostaza

CLAY OVEN ON SIZZLING PLATE

- **Pork Tenderloin (Solomillo de Cerdo)** 14.50 
Tenderloin with creamy mushroom pepper sauce
Solomillo de cerdo con salsa de champiñones y pimienta
- **Grilled Chicken (Pollo)** 13.95 
Boneless thigh part chicken with chefs special sauce
Muslo de pollo deshuesado con salsa casera
- **Fewa Chicken Kebab (Kebab de Pollo Fewa)** 13.50 
Marinated Chicken Breast with garlic & ginger
paste, spices, yogurt & cheese
Pechuga de pollo marinada con ajo, jengibre
queso, yogurt y especias
- **Fewa Lamb Kebab (Kebab de Cordero Fewa)** 14.50 
Lamb slices marinated w/ ginger paste, spices & yogurt
Rodajas de cordero marinadas con jengibre, yogur & especias
- **King Prawns (Langostinos)** 19.95 
Marinated King Prawns with homemade spices
Langostinos con especias casera
- **Mix Grill for 2 persons (Parrillada Mixta 2 personas)** 34.50 
Chicken Thigh /Pollo
Chicken Kebab / Kebab de Pollo
Lamb Kebab /Kebab de Cordero
Pork Tenderlion / Solomillo de Cerdo
King Prawns / Langostinos



NOODLE

- **Pad Thai (Pad Thai)**   
Rice flat noodles with mix vegetables on medium spicy sauce, eggs & peanut sauce
Tallarines de arroz con verduras mixta en salsa medio picante, huevo y salsa cacahuete
- | | | | |
|--------------------------------|-------|------------------------|-------|
| Vegetable/ Verduras | 9.95 | Chicken / Pollo | 13.75 |
| King prawn / Langostino | 14.75 | Beef / Ternera | 14.75 |

- **Singapore Eggs Noodles (Tallarines Singapur)**  
Roasted garlic, mixed vegetables & mild sauce
Ajo tostado, verduras mixtas y salsa suave
- | | | | |
|--------------------------------|-------|------------------------|-------|
| Vegetable / Verduras | 9.50 | Chicken / Pollo | 13.50 |
| King prawn / Langostino | 14.50 | Beef / Ternera | 14.50 |

KIDS MENU

- **Chicken Goujons with chips or rice** 7.95  
Tiras de Pollo con Patatas Fritas o Arroz
- **Fish Goujons with chips** 7.95  
Tiras de Pescado con Patatas Fritas
- **Kids Pan-Fried Chicken Noodles** 7.95  
Ración de Noodles con Pollo salteado

EVEREST GRILL SPECIALS

- Salmon** 18.95    
Served w/ vegs., rice & teriyaki sauce
Servido con verduras , arroz y salsa teriyaki
- Sea Bream (Dorada)** 16.95    
Sea bream served with vegs. & rice
Dorada servido con verduras y arroz
- Chicken Teriyaki (Pollo al Teriyaki)** 14.75
Marinated Chicken Breast & served w/
vegs. Pechuga de pollo marinado servido
con verduras
- Lamb Chops (Chuletas de Cordero)** 24.95
Served w/ sauteed potatoes & mint sauce
Servido con patatas y salsa menta
- Sirloin steak (Entrecot) 250gms** 21.55 
Served w/ sauteed potatoes & pepper
sauce
Patatas y verduras salteado servido salsa
pimienta

SOMETHING EXTRA

BREAD / PAN

RICE / ARROZ

- | | |
|--------------------------|----------------------|
| Tandoori Roti 2.50 | Steamed Rice 3.00 |
| Garlic Roti 3.15 | Veg. Fried Rice 3.75 |
| Cheese Roti 3.55 | Egg Fried Rice 4.25 |
| Cheesy Garlic Bread 4.50 | |
| French Fries 4.50 | |

➤ **All comes with a scoop of ice cream/ Todos vienen con una bola de helado**

MEXICAN

STARTERS / ENTRADAS

QUESADILLAS

QUESADILLAS DE CARNE 8.00

Filled with minced meat, tomato sauce & cheese
Rellenas de carne picada, salsa de tomate y queso

QUESADILLAS DE POLLO/ CHICKEN 7.50

Filled with chicken, sweet corn, onion & cheese
Rellena de pollo, maíz, cebolla y queso

QUESADILLAS DE GAMBAS/ PRAWNS 8.50

Filled with prawns, corn, onion & cheese
Rellena de gambas, maíz, cebolla y queso

Fritos

JALAPEÑOS ROJOS FRITOS 7.50

Filled with cheese cream
Rellenos de crema de queso

MOZZARELLA STICKS / PALITOS DE MOZZARELLA 7.00

ONION RINGS / AROS DE CEBOLLA 6.50

NACHOS

NACHOS CON GUACAMOLE 6.50

NACHOS TASTE OF MEXICO 12.50

Minced meat, chicken, sour cream & gratin cheese
Carne picada, pollo, nata agria y queso gratinado

NACHO COWBOY 9.00

Minced meat, sour cream & gratin cheese
Carne picada, nata agria y queso gratinado

NACHOS RANCHO 8.50

Marinated chicken, peppers, sour cream, & gratin
Pollo marinado pimientos, nata agria y queso gratinado

NACHOS PIEDRAS NEGRAS 8.00

Served with kidney beans, sour cream, jalapeños & gratin cheese
Con frijoles, nata agria, jalapeños y queso gratinado



Wheat
Gluten



Egg
Huevo



Soya
Soja



Lactose
Lactosa



Peanut
Cacahuete



Sesame
Sésamo

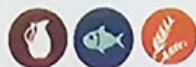


Fish
Pescado



Mustard
Mostaza

TACOS




Wheat Tortilla filled requested meat or chicken, onion, tomato and coriander
Tortilla de trigo rellena de carne o pollo, cebolla, tomate y cilandro

- CHICKEN / TACO POLLO** 8.00
BEEF / TACO TERNERA 9.00
PRAWNS / TACO GAMBAS 10.50

ENSALADAS / SALADS

MIXTA / MIXED  8.95

Lettuce, avocado, sweet corn, tomato, onion and tuna
Lechuga, aguacate, maiz, tomate, pepino, cebolla y atún

TRIO Mozzarella  8.50

Mozzarella cheese, avocado, tomato & soft balsamic vinaigrette
Mozzarella queso, aguacate, tomate y vinagreta de balsámico suave

MAIN COURSE / PLATO PRINCIPAL

BURRITOS



Rolled tortilla, fried beans, sweet corn, onion, peppers, gratin cheese, sour cream & chips
Tortilla de trigo, rellena con pimientos, cebolla, maíz, frijoles, queso gratinado nata agria y patatas

TASTE OF MEXICO, Chicken, beef and prawns / Pollo ternera y gambas 12.95

VEGETARIANO / VEGETARIAN 9.95

POLLO / CHICKEN 11.80

TERNERA / BEEF 13.00

GAMBAS / PRAWNS 14.00

ENCHILADA  12.00

Flour omelette, mince meat & fresh cheese
Tortilla de trigo carne picada y queso fresco

FAJITAS (X3)



Warm tortilla to roll peppers, onion, sauces, chips & rice
Tortilla caliente, pimientos, cebolla, salsas variadas patatas y arroz

TASTE OF MEXICO Chicken, Beef and Prawns / Pollo, Ternera y Gambas 15.00

POLLO / CHICKEN 12.00

TERNERA / BEEF 13.00

GAMBAS / PRAWNS 14.00

VEGETAL / VEGETABLES 11.00

MENU OF THE DAY / MENU DEL DIA

(MONDAY TO FRIDAY / LUNES A VIERNES 13:00 TO 17:00)

(Except holidays - Excepto festivos)

STARTER / ENTRADA

- **Spring Rolls (Rollitos)**    
Mix vegetables rolls w/ crispy fine pastry served with sweet & sour sauce.
Mezcla de verduras enrolladas en pasta fina servido con salsa agri dulce.
Vegetable/Vegetal
- **Chicken Skewers (Pincho de Pollo)**  
Marinated grilled chicken breast & served with satay sauce.
Pechuga de pollo marinada al grill con salsa satay.
- **Thukpa (Sopa de fideos)**   
Thukpa is a Nepali Tibetan noodle soup, which is originated in the eastern part of Nepal & Tibet.
Sopa de verduras troceadas, mezcladas con huevo frito, tallarines y cebolleta.
Vegetable / Vegetal **King Prawns / Langostinos** **Chicken / Pollo**
- **Everest Mixed Salad (Ensalada Mixta Everest)** Mixed baby leaves, fruits, dijon mustard dressing, toasted sesame & pine nuts..
Ensalada mixta , frutas, salsa de mostaza dijon, sésamo y piñones.    

MAIN COURSE

- **Green Curry (Curry Verde)** 
Thai curry based on coconut milk & fresh green chillies. Its comes out creamy mild known as "sweet green".
Curry thai con base de leche de coco y guindilla verde fresca. Se sirve con salsa cremosa cocinada
Vegetable/Vegetal **King Prawns / Langostinos** **Chicken/Pollo**
- **Creamy Mild Curry (Curry Cremoso Suave)** 
Mix vegetables, GG paste cooked on rich sauce with touch of basil.
Verduras mixtas, ajo, jengibre y tomate cocinado con salsa rica con toque de albahaca.
Vegetable/Vegetal **King Prawns / Langostinos** **Chicken/Pollo**
- **Gurkha Curry**  
Authentic Nepali curry. *It's* warm, creamy & subtle with the musky aromatic of cardamon & spices.
Curry de autentica en Nepal. Es calido, cremoso y sutil con mezcla aromatica de cardamon y especias.
Vegetable/Vegetal **King Prawns / Langostinos** **Chicken/Pollo**
- **Fewa Chicken Kebab (Kebab de Pollo Fewa)** 
Marinated chicken breast with GG paste, spices, yogurt & cheese.
Pechuga de pollo marinada con ajo, jengibre, queso, yogurt y especias.
- **Singapore Eggs Noodles (Tallarines Singapur)**  
Rosted garlic, mix vegetables & mild sauce.
Ajo tostado, verduras mixtas y salsa suave.
Vegetable / Verduras **King prawns / Langostinos** **Chicken / Pollo**



Wheat
Gluten



Egg
Huevo



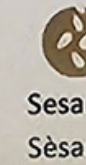
Soya
Soja



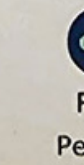
Lactose
Lactosa



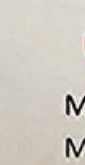
Peanut
Cacahuete



Sesame
Sésamo



Fish
Pescado



Mustard
Mostaza

2 COURSE
12.55€

धन्यवाद